

TUESDAY, JULY 11, 2023

ARCHERY

TUESDAY, JULY 11, 2023 – Junior Ballroom D

2:00 p.m. - 2:30 p.m.	CLELAND: Questions and Answers about AIMS
2:30 p.m. - 3:00 p.m.	BEEDING: Shoot Times
3:00 p.m. - 3:30 p.m.	HUMPHREYS: Advanced Bow Tuning Methods
3:30 p.m. - 4:00 p.m.	SMITH: AIMS X-treme

BASKETBALL

TUESDAY, JULY 11, 2023 - On Court Demo at Tougaloo College

2:00 p.m. - 3:30 p.m.	CARDONA: Southern Miss Basketball - Defensive Philosophy and Attack vs Junk Defense
3:30 p.m. - 5:00 p.m.	BEARD: Ole Miss Men's Basketball Process

BOWLING

TUESDAY, JULY 11, 2023 – Junior Ballroom C

2:00 p.m. - 3:00 p.m.	HOEFS: Bowling 101 - Etiquette, Parts of the Lane, Pin Identification, Marking Score, Proper Ball Fit & Weight
3:00 p.m. - 4:00 p.m.	HOEFS: Structured Practice - Mechanics, Timing, Releases, Mental Game, & Pre-Shot Routine
4:00 p.m. - 5:00 p.m.	MHSAA: Rules & Eligibility

SPIRIT

TUESDAY, JULY 11, 2023 – Grand Ballroom C

2:00 p.m. - 3:00 p.m.	MHSAA: Rules & Eligibility
3:00 p.m. - 4:00 p.m.	FUQUA: Video Tips, Skill Charts, & Cultivating Lifelong Leadership Skills
4:00 p.m. - 5:00 p.m.	DENT: TBA

SOCCER

TUESDAY, JULY 11, 2023 – Junior A & B

2:00 p.m. - 3:00 p.m.	BEATTIE: Principles of Play - Preparing a Team Objective
3:00 p.m. - 4:00 p.m.	GLEDHILL: The College Recruiting Process - Coaches Round Table
4:00 p.m. - 5:00 p.m.	MHSAA: Rules & Eligibility

VOLLEYBALL

TUESDAY, JULY 11, 2023 – Grand Ballroom A

2:00 p.m. - 3:00 p.m.	GRANGER: More than a Number - The Total Athlete
3:00 p.m. - 4:00 p.m.	FLORY: Creating a Culture for Success in Your Program
4:00 p.m. - 5:00 p.m.	MHSAA: Rules & Eligibility

ATHLETIC DIRECTORS/PRINCIPALS

TUESDAY, JULY 11, 2023 – Grand Ballroom B

1:00 p.m. - 2:00 p.m.	NEAVES: MHSAA Updates
2:00 p.m. - 3:00 p.m.	MHSAA: Eligibility & Compliance
3:00 p.m. - 4:00 p.m.	MHSAA: Dragonfly/Sportsmanship

WEDNESDAY, JULY 12, 2023

BASKETBALL

WEDNESDAY, JULY 12, 2023 - On Court Demo at Tougaloo College

10:00 a.m. - 11:30 p.m.	STROTHERS: Tougaloo's Practice Plan & Game Preparation
1:00 p.m. - 2:30 p.m.	REED: Winning Championships through Best Offensive Sets, Transition Breaks and Position Skill Development Series
2:30 p.m. - 4:00 p.m.	McCUIN: Ole Miss WBB - Recruiting and Defensive Vitamins

SOCCER

WEDNESDAY, JULY 12, 2023 – Junior A & B

9:30 a.m. - 10:30 a.m.	CRANE: Attacking in the Final Third
10:30 a.m. - 11:30 a.m.	DICKS: How to Involve Your Goalkeeper in Team Training
11:30 a.m. - 12:30 p.m.	RAFFERTY: The Truth About Strength & Conditioning in High School Soccer

VOLLEYBALL

WEDNESDAY, JULY 12, 2023 – On Court Demo Millsaps College

1:30 p.m. - 2:30 p.m.	FLORY: On Court Implementation of the Dynamics of a Successful Culture - Part 1
2:30 p.m. - 3:30 p.m.	FLORY: On Court Implementation of the Dynamics of a Successful Culture - Part 2

FOOTBALL

WEDNESDAY, JULY 12, 2023 – Grand Ballrooms A & B

10:30 a.m. - 11:30 a.m.	(A&B) ARNETT: Relentless Bulldog Philosophy
1:30 p.m. - 2:30 p.m.	(A) TAYLOR: The New Tiger Philosophy (B) JOHNSON: Programming for High School Football
2:30 p.m. - 3:30 p.m.	(A) McNAIR: The Brave Way (B) WILSON: Cornerbacks Play & Drills
3:30 p.m. - 4:30 p.m.	(A) SCOTT: Special Teams & Defensive Back Drills (B) MACON: Building from the Ground Up
4:30 p.m. - 5:30 p.m.	(A) MILLER: Communication on Defense (B) SMITH: Defeating Blocks

TENNIS

WEDNESDAY, JULY 12, 2023 – Cooking School Room & Winner's Circle Park (Flowood, MS)

9:00 a.m. - 10:00 a.m.	MHSAA: Rules & Eligibility (CS)
10:00 a.m. - 11:00 a.m.	Mississippi Tennis Association Seminar (CS)
1:30 p.m. - 2:30 p.m.	On Court Demonstration (Winner's Circle Park)

BASEBALL

WEDNESDAY, JULY 12, 2023 – Grand Ballroom C & Farm Bureau Grill & Outdoor Patio at Trustmark Park

8:30 a.m. - 9:30 a.m.	KINNISON: Coaching Baseball...Then and Now (C)
9:30 a.m. - 10:30 a.m.	SUDDUTH: MCC Team Offensive (C)
10:30 a.m. - 11:30 a.m.	MHSAA: Rules (C)
1:30 p.m. - 2:30 p.m.	NEFENDORF: Running and Short Game Offensive (C)
2:30 p.m. - 3:30 p.m.	NEFENDORF: Pilot Pitching
6:00 p.m. - 7:00 p.m.	BERRY: Field Maintenance (Trustmark Park)
7:00 p.m. - 8:00 p.m.	HOT STOVE: Hitting & Pitching (Trustmark Park)
8:00 p.m. - 9:00 p.m.	HOT STOVE: Hitting & Pitching (Trustmark Park)

POWERLIFTING

WEDNESDAY, JULY 12, 2023 – Grand Ballroom A

8:30 a.m. - 9:00 a.m.	MHSAA: Rules & Eligibility
9:00 a.m. - 10:00 a.m.	VARNADO: Maintaining a Powerlifting Program/Support System

SOFTBALL

WEDNESDAY, JULY 12, 2023 – Junior C

8:30 a.m. - 9:30 a.m.	FREMIN: Real Q&A of College Softball
9:30 a.m. - 10:30 a.m.	WOOD: Practice Planning & Drills
11:00 a.m. - 12:00 p.m.	ARMSTRONG: Building a Consistent Program, Everyday Drills, and Team Goals
1:30 p.m. - 2:30 p.m.	MHSAA: Rules & Eligibility
2:30 p.m. - 3:30 p.m.	WOOD: Pitching
3:30 p.m. - 4:30 p.m.	WHITE & GRUICH: Outfield Defensive Drills & Hitting Drills

TRACK AND CROSS COUNTRY

WEDNESDAY, JULY 12, 2023 – Pearl High School

10:00 a.m. - 11:00 a.m.	BOOZER: Shot & Discus
11:00 a.m. - 12:00 p.m.	BOOZER: Shot & Discus
2:00 p.m. - 3:00 p.m.	PITTMAN: Pole Vault
3:00 p.m. - 4:00 p.m.	PITTMAN: Pole Vault

MS SPORTS MEDICINE CPR CERTIFICATION

WEDNESDAY, JULY 12, 2023 – Meeting Rooms A & B

8:00 a.m. - 11:30 a.m.	First Time Certification (A)
8:00 a.m. - 10:00 a.m.	Review (Renew) Certification (B)
10:00 a.m. - 12:00 p.m.	Review (Renew) Certification (B)
2:00 p.m. - 4:00 p.m.	Review (Renew) Certification (B)

PERS

WEDNESDAY, JULY 12, 2023 – Meeting Room A

1:30 p.m. - 2:30 p.m.	PERS Benefits - 4 Common Mistakes and Real Life Examples
2:30 p.m. - 3:30 p.m.	PERS Benefits - Partial Lump Sum and the 13th Check
3:30 p.m. - 4:30 p.m.	PERS Benefits - Comparing Max Benefits to Options 2, 4A & 4b(20)

ALL-STAR VOLLEYBALL GAME

WEDNESDAY, JULY 12, 2023

6:00 p.m.	Millsaps College - Hangar Dome
-----------	--------------------------------

THURSDAY, July 13, 2023

BASKETBALL

THURSDAY, JULY 13, 2023 - On Court Demo at Tougaloo College

9:00 a.m. - 10:30 p.m.	JACKSON JR: Zone Pressing
10:30 a.m. - 12:00 p.m.	PURCELL: Bring the Juice - Drills to Start Your Practice with Energy

THURSDAY, JULY 13, 2023 - Classroom Sessions – Junior D

1:30 p.m. - 2:30 p.m.	MILLER: Getting the Most out of Practice
2:30 p.m. - 3:30 p.m.	WATSON: Respecting the Game
3:30 p.m. - 4:30 p.m.	FISHER: Secrets of Shooting

FOOTBALL

THURSDAY, JULY 13, 2023 – Grand Ballrooms A & B, Cooking School Room

8:00 a.m. - 8:30 a.m.	(A) PEACOCK: Attacking Defenses with Flexbone (B) HIGDON: Putting Up Offensive Numbers with Your Personnel
8:30 a.m. - 9:00 a.m.	(A) BRADY: Wing-T Answers (B) PENNOCK: 21st Century Triple Options
9:00 a.m. - 9:30 a.m.	(A) HOOTS: The Logo Above Oneself (B) WILLIAMS: Having an Attacking Mindset on Offense
9:30 a.m. - 10:00 a.m.	(A) MITCHELL: The Art of Playcalling - What Do I Call and Why (B) CHAMBLESS: The Green Wave Dynasty
10:00 a.m. - 11:00 a.m.	(A) HALL, HILL, MANGUM, MILLER: Round Table Q & A (B) MAYER: Golden Eagles Special Teams
1:30 p.m. - 2:30 p.m.	(A) JONES, SHORTER, STOGNER: 4A/5A/6A Championship Round Table Q&A (B) BRADY, HIGDON, STOCKSTILL: 1A/2A/3A Championship Round Table Q&A
2:30 p.m. - 3:30 p.m.	(A) HUDSON: Turnover Circuit (B) CRINER: Pass Rush Drills & Techniques
3:30 p.m. - 4:30 p.m.	(A) EMBRY, HAMMOND, MATTOX: Young Legends Talk - Round Table Q&A (B) POLK: The 3-4 Slant Defense
4:30 p.m. - 5:30 p.m.	(A) COOLEY: Program Building & Practice Organization (B) DEARMON: Lions Multiple Offensive Attacks

ATHLETIC DIRECTORS/PRINCIPALS

THURSDAY, JULY 13, 2023 – Junior Ballroom D

8:30 a.m. - 9:30 a.m.	SINGLETERRY: Emergency Action Planning/ "Medical Timeout"
9:30 a.m. - 10:30 a.m.	BAILEY: Observations of an AD
10:30 a.m. - 11:30 a.m.	BAILEY, LEWIS, MOORE: Panel Discussion

BASEBALL

THURSDAY, JULY 13, 2023 – Grand Ballroom C

8:30 a.m. - 9:30 a.m.	MINGIONE: Kentucky Baseball
9:30 a.m. - 10:30 a.m.	MINGIONE: Kentucky Baseball
10:30 a.m. - 11:30 a.m.	PEARSON: Developing Confidence at the Plate
11:30 a.m. - 12:30 p.m.	MAKOVICKA: Impact and Application of Strength of Condition for Baseball Performance
1:30 p.m. - 2:30 p.m.	STEWART: Efficient and Effective Pitching Program
2:30 p.m. - 3:30 p.m.	WALKER: Competitive Team Practice

SOFTBALL

THURSDAY, JULY 13, 2023 – Junior C

9:30 a.m. - 10:30 a.m.	ARMSTRONG: Summer Plan & August to December Plan
10:30 a.m. - 11:30 a.m.	VAN BRAKLE PROTHRO: Pitching
1:30 p.m. - 2:30 p.m.	SANDERS: Adjustability in Hitting
2:30 p.m. - 3:30 p.m.	SANDERS: Hitting Drills

TRACK AND CROSS COUNTRY

THURSDAY, JULY 13, 2023 - Junior Ballroom B

8:30 a.m. - 9:30 a.m.	BALTZ, C. BARNETT, DILLON, HOPPER: Round Table Discussion
9:30 a.m. - 10:30 a.m.	W. BARNETT: Meet Management & Organization
10:30 a.m. - 11:30 a.m.	W. BARNETT: MHSAA Rules & Eligibility
1:30 p.m. - 2:30 p.m.	THOMAS: Legends & Champions
2:30 p.m. - 3:30 p.m.	SHERRER: Sprints & Hurdles
3:30 p.m. - 4:30 p.m.	HOPPER: Distance

MS SPORTS MEDICINE CPR CERTIFICATION

THURSDAY, JULY 13, 2023 – Meeting Room B

8:00 a.m. - 10:00 a.m.	Review (Renew) Certification (B)
10:00 a.m. - 12:00 p.m.	Review (Renew) Certification (B)
2:00 p.m. - 4:00 p.m.	Review (Renew) Certification (B)

PERS

THURSDAY, JULY 13, 2023 – Meeting Room A

9:00 a.m. - 10:00 a.m.	Financial Strategies for Young Coaches
10:00 a.m. - 11:00 a.m.	PERS Benefits - 4 Common Mistakes and Real Life Examples
11:00 a.m. - 12:00 p.m.	Financial Strategies for Young Coaches
1:30 p.m. - 2:30 p.m.	PERS Benefits - Partial Lump Sum and the 13th Check
2:30 p.m. - 3:30 p.m.	PERS Benefits - Comparing Max Benefits to Options 2, 4A & 4b(20)
3:30 p.m. - 4:30 p.m.	PERS Benefits - 4 Common Mistakes and Real Life Examples

COACHES OF THE YEAR RECOGNITION CEREMONY & RECEPTION

THURSDAY, JULY 13, 2023

6:00 p.m.	Grand Ballroom B
-----------	------------------

FRIDAY, JULY 14, 2023

BASKETBALL

FRIDAY, JULY 14, 2023 – Grand Ballrooms A & B

9:00 a.m. - 10:00 a.m. MHSAA: Rules & Eligibility

FOOTBALL

FRIDAY, JULY 14, 2023 – Grand Ballrooms A & B

8:00 a.m. - 9:00 a.m. MHSAA: Rules & Eligibility

MOTIVATION/DISTRICT MEETINGS/GENERAL BUSINESS MEETING

FRIDAY, JULY 14, 2023 – Grand Ballrooms, Meeting Rooms, Junior Ballrooms

10:00 a.m. - 11:00 a.m. MABREY: Understanding Athletes from their
Perspective (A&B)

11:00 a.m. - 11:30 a.m. DISTRICT 1 - Grand Ballroom A
DISTRICT 2 - Grand Ballroom B
DISTRICT 3 - Grand Ballroom C
DISTRICT 4 - Meeting Room A
DISTRICT 5 - Meeting Room B
DISTRICT 6 - Junior Ballroom B
DISTRICT 7 - Junior Ballroom C
DISTRICT 8 - Junior Ballroom D

11:30 a.m. - 12:30 p.m. Amanda Price Award & Roy Garcia Award will be
presented (A&B)