

IF YOU COACH YOUNG PEOPLE,
THIS CLASS IS FOR YOU.

Youth Mental Health First Aid

AUGUST 27, 2025
9:00 A.M. - 5:00 P.M.

1201A CLINTON-RAYMOND RD., CLINTON, MS 39056

WHAT YOU'LL LEARN

- Facts about mental health.
- Signs and symptoms of mental health and substance use challenges in young people.
- How to interact with a youth in crisis.
- How to connect youth with help.
- Information on trauma, self-care and the impact of social media and bullying.



WHY ATTEND?

- 1 in 6 U.S. youth aged 6-17 experience a mental health disorder each year and may need your help.
- Learn essential skills to support a youth or family in crisis.
- Earn a certificate of completion.

Register Now

FREE



Mississippi



For more information, contact Ingrid Cloy at 601-899-9058