



MISSISSIPPI ASSOCIATION OF COACHES

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TO: 2026 Bowling All-Stars
FROM: Johnny Mims, Executive Director
DATE: January 28, 2026
SUBJECT: Instructions for All-Star Activities on February 5 & 6, 2026

Please read the following instructions carefully; they should furnish all the information you need. If you have questions, please contact our office at 601-924-3020.

Reporting Date: Girls- Thursday, February 5
Boys- Friday, February 6

Report To: All-Stars will report to Depot Bowling Lanes in Philadelphia, MS.
Address: 257 W. Beacon St., Philadelphia, MS 39350

Reporting Time: By 9:00 a.m. Upon arrival, each All-Star will have a pre-participation physical. Your participation is dependent upon passing this examination. As stated in the Player Selection guidelines, players cannot participate if pregnant. All-Stars will warm up from 9:45 until 10:00 a.m.

Meals: There will be no pause in the tournament for lunch. Food will be available for purchase at the snack bar.

Rules: M. A. C. rules will not allow All-Star Players to wear earrings during All-Star activities. Therefore, we advise those of you who may wear earrings, to leave them at home.

Tournament:

- Bowlers will wear their school bowling uniform for tournament.
- Bowlers will draw for placement on lanes. Three (3) bowlers per lane over four (4) sets of lanes.
- After bowling a complete game, bowlers will shift one set of lanes to the right for four (4) games. A running total pin count will be posted after each game. The highest total pin count after four (4) games will be awarded a Gold medal, second place will be awarded a silver medal, and third place will be awarded a bronze medal. All other bowlers will be ranked according to total pins for the tournament.

At the conclusion of the tournament (prior to leaving Depot Bowling Lanes) each All-Star will have a post-participation physical screening by a certified athletic trainer.