



# Mississippi Association of Coaches

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## **Schedule for All-Star Volleyball, Saturday, July 25, 2020 Shivers Gymnasium, Pearl River Community College, Poplarville, MS**

- 11:00 All-Stars arrive in practice gear (bring school uniform) & receive pre-participation physical screening
- 11:30 Welcome/Introductions by Johnny Mims & All-Star Coaches
- 12:00 - 12:45 North team practice; South team meeting
- 12:45 – 1:30 South team practice; North team meeting
- 1:30 – 2:15 Lunch for all; All-Stars change into game uniforms
- 2:15 Begin informal on-court warm-ups
- 2:30 10-minute timed shared court warm-up
- 2:40 5-minute warm-up
- 2:45 5-minute warm-up
- 2:50 2-minute warm-up
- Player Introductions
- Prayer & National Anthem
- Play Ball! 3 sets to 25 points each

COVID-19 safety precautions that will be in place on game day:

Everyone entering the gymnasium will have their temperature checked.

Spectators and coaches will be required to bring and wear masks while inside the gymnasium.

Social distancing will be encouraged.

Hand sanitizing stations will be provided.

There **will not** be a concession stand.

Allowed attendance will be as follows:

Players' immediate family, high school coaches, college coaches and media.